Content	Page
Introduction to The Great Continuum of Consciousness: An Overview	i-ii
A Collection of Our Writing on the Great Continuum of Consciousness	1-17
Everybody Wants You to Be Just Like Them: Reflections on a Lyric in One of Bob Dylan's Songs	17-24
An Overview of Transformational Methods	25-27
Identification on the Four Poles of Being	28-31
Demarcations on the Path	32-36
Revisiting Vehicles of Consciousness	36-42
The Spectrum of Consciousness Revisited (part one)	42-43
The Spectrum of Consciousness Revisited (part two)	44-45

